



Rtn. Francesco Arezzo  
RI President 2025-26



Rtn. Dr. S.V. Ram Prasad  
Dist. Governor, RI Dist. 3150

# Rotary Club of Guntur Vikas

Club No. 57137

2025-26

RI Dist: 3150

**GUNTUR VIKASAM**

**AUGUST, 2025**



A Free Eye Camp was conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur with the assistance of Sankara Eye Hospital, Pedakakani and with the support of "Recycle Specs" Organisation Texas, USA represented by Kum. Vidhisha Paleti, on 2nd August, 2025. Around 500 students were screened. Out of them, 41 students were identified for spectacles, 22 students were referred to Hospital for further screening and one student was identified with cataract defect. 25 students were identified with slight defect in vision. All the students were treated at Hospital, free of cost.





**A Free Eye Camp was conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025**



**President Smt. R. Padmaja speaking at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025**





**Rtn. Y.A. Chowdary, Director, Service Projects, speaking at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025**



**Kum. Vidhisha Paleti, RecycleSpecs, Texas, USA, speaking at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025.**

**Kum. Vidhisha Paleti has sponsored the Eye Camp.**





**Smt. Y. Sravanthi, Mother of Vidhisha Paleti, Speaking at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025**



**Group photo with Head Mistress of the School at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025**





విద్యార్థులకు ఉచిత కంటి వైద్య శిబిరం నిర్వహించిన రోటరీ క్లబ్ గుంటూరు వికాస్ అధ్యక్షురాలు పద్మజ, అవంతీష్ కుమార్ జైన్, వై.పి.చౌదరి

## విద్యార్థులకు కంటి పరీక్షలు

పట్నంబజారు, న్యూస్టుడే: పేదల సేవకు సేవా సంస్థలు ముందుకు రావాలని రోటరీ క్లబ్ గుంటూరు వికాస్ అధ్యక్షురాలు పద్మజ అన్నారు. కాకానిరోడ్డులోని బొర్రా నాగేశ్వరరావు మున్సిపల్ హైస్కూల్లో శనివారం రోటరీ క్లబ్ ఆఫ్ గుంటూరు వికాస్, శంకర కంటి ఆసుపత్రి సంయుక్త ఆధ్వర్యంలో ఉచిత కంటి చికిత్స శిబిరం నిర్వహించారు. విద్యార్థులకు కంటి పరీక్షలు నిర్వహించి, ఉచితంగా మందులు పంపిణీ చేశారు. ముఖ్యఅతిథిగా విచ్చేసిన పద్మజ మాట్లాడుతూ పేదల ఉన్నతికి రోటరీ క్లబ్ గుంటూరు వికాస్ ఆధ్వర్యంలో పలు రకాల సేవా కార్యక్రమాలు నిర్వహిస్తున్నామన్నారు. కార్యక్రమంలో అవంతీష్ కుమార్ జైన్, వై.పి.చౌదరి, పి.జగన్మోహన్రెడ్డి, ఎ.వెంకట రమణ, పాలేటి సుబ్బారావు తదితరులు పాల్గొన్నారు.



**An Eye Camp was conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur with the assistance of Sankara Eye Hospital, Pedakakani and with the support of "Recycle Specs" Organisation Texas, USA represented by Kum. Vidhisha Paleti, on 2nd August, 2025**



**MEGA EYE CAMP AT ANANTHAVARAPPADU VILLAGE, ON 3rd AUGUST, 2025**



**President Smt. R. Padmaja speaking at Free Eye Camp conducted at Ananthavarappadu Village on 03.08.2025**



**A Free Eye Camp was conducted at Ananthavarappadu Village, Vatticherukuru Mandal, Guntur District, with the assistance of Sankara Eye Hospital, Pedakakani and with the support of "Recycle Specs" Organization, Texas, USA represented by Kum. Vidhisha Paleti, on 3rd August, 2025.**

**Total 210 persons were screened and 105 persons were identified with cataract defect. Surgery was done to all the persons identified with cataract defect, free of cost, at Sankara Eye Hospital, Pedakakani.**



**EGA EYE CAMP AT ANANTHAVARAPPADU VILLAGE, ON 3rd AUGUST, 2025**



**Coordinator of the Eye Camp from Sankara Eye Hospital explaining the patients, about the procedure of screening, surgeries and the facilities provided in the camp**



**Rtn. Y.A. Chowdary garu introducing Kum. Vidhisha Paleti, Recycle Specs, Texas, USA, who sponsored the Eye Camp**





Registration of Patients at Eye Camp



Eye sight checking





Doctors examining the patients



Patients waiting for Registration





**Sankara Eye Hospital Doctors and Technicians, with Kum. Vidhisha Paleti, USA, and our Members**



**Group photo of our Members at Eye Camp conducted at Ananthavarappadu village, on 03.08.2025**



## రోటరీ క్లబ్ గుంటూరు వికాస్ సేవల్ని ఆదర్శంగా తీసుకోవాలి



ఉచిత వైద్య శిబిరంలో రోటరీ క్లబ్ గుంటూరు వికాస్ అధ్యక్షురాలు పద్మజ, ప్రేమ్కుమార్, సుధాకరరావు తదితరులు

పట్నంబజారు, న్యూన్టుడే: ఉచిత వైద్య శిబిరాలు పేదలకు ఎంతగానో ఉపయోగపడతాయని రోటరీ క్లబ్ ఆఫ్ గుంటూరు వికాస్ అధ్యక్షురాలు పద్మజ అన్నారు. రోటరీ క్లబ్ ఆఫ్ గుంటూరు వికాస్, శంకర కంటి ఆస్పత్రి, విధిష రీసైకిల్ స్పెక్స్ సంయుక్త ఆధ్వర్యంలో ఆదివారం వట్టిచెరుకూరు మండలం అనంతవరప్పాడు గ్రామంలో నిర్వహించిన ఉచిత కంటి చికిత్స శిబిరంలో ఆమె మాట్లాడారు. ఈ తరహా వైద్య శిబిరాల్ని పేదలు వినియోగించుకోవాలన్నారు. మిగిలిన సేవా సంస్థలు రోటరీ క్లబ్ గుంటూరు వికాస్ చేపట్టే సేవా కార్యక్రమాల్ని ఆదర్శంగా తీసుకొని పేదల్ని ఆదుకోవాలన్నారు. కార్యక్రమంలో అనంతీష్కుమార్ జైన్, వైపి చౌదరి, ప్రేమ్కుమార్, చెన్నయ్య, సుధాకరరావు తదితరులు పాల్గొన్నారు. అనంతరం 210 మందికి ఉచితంగా కంటి పరీక్షలు నిర్వహించి వారిలో 105 మందిని క్యాటరాక్ట్ సర్జరీలకు ఎంపిక చేశారు.



ఈనాడు



04-Aug-25 ▾ | Page 05 ▾







Monthly free Eye Camp was conducted at Kondapaturu village on 09.08.2025, with the assistance of Sankara Eye Hospital, Pedakakani and with the support of Rtn. Y. A. Chowdary. 14 persons of the previous camp were reviewed. 98 persons attended the camp. Out of them 50 persons were identified with cataract defect. Out of them, 40 persons were found fit for surgery. And all of them were referred to Hospital for surgery, at free of cost.

**Rotary** | **UNITE FOR GOOD**  
**ROTARY CLUB OF GUNTUR CENTENNIAL**  
 ROTARY CLUB OF GUNTUR VIKAS  
 Jointly Organises  
**WORLD ORGAN DONATION DAY 2025**  
 in association with  
**AMRUTHA HOSPITALS, GUNTUR**  
 Answering the Call

**An Awareness Virtual Talk on**  
**"Gift a Life, Live Forever"**

**Dr. Srinivasa Reddy Dumpa**  
 M.B.B.S, M.D  
 General Medicine  
 Amrutha Hospitals, Guntur

**13<sup>th</sup> Aug<sup>st</sup> 2025**  
 07:00 pm  
**zoom**

**Secretaries**  
 Rtn. Mr. Santosh Chavera  
 Rtn. Mr. Avantish Kumar Mehata

**Presidents**  
 Rtn. Dr. Veera Atukuri  
 Rtn. Ms. R. Padmaja

**Treasurers**  
 Rtn. Mr. Murali Krishna K  
 Rtn. Mr. I. Nogi Reddy

A zoom meeting was arranged on the occasion of World Organ Donation Day 2025, by our Club as Co-host and Rotary Club of Guntur Centennial as Lead Host, with title "Gift a Life, Live Forever", on 13th August, 2025. Guest Speaker is Dr. Srinivasa Reddy Dumpa, Amrutha Hospitals, Guntur.





**Flag Hoisting was done on Independence Day at Guntur Municipal Corporation Elementary School, Saradapuram, Guntur. Stationery kits were distributed to students. Chocolates and biscuits were given to all 100 students.**





**Distribution of Stationery kits, Chocolates & Biscuits to students of Guntur Municipal Corporation Elementary School, Saradapuram, Guntur**



**Students of Guntur Municipal Corporation Elementary School, Saradapuram, Guntur**





**Group photo of Teachers and Students of Guntur Municipal Corporation Elementary School, Saradapuram, Guntur, with our Members**



**Flag Hoisting was done on Independence Day by Rtn. Y. A. Chowdary garu at HEAL Children Village, Chowdavaram .**





English Grammar books, were distributed to students of Kondapatur School, on Independence Day by Rtn. Y. A. Chowdary garu



Some of our PDGs , RI Director with his wife and Rtn. K.S.R.K. Prasad from our District, at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)





**PDG Rtn. P. Sivannarayana garu, Chief Guest & Installation Officer, at Installation function of Rotary Club of Darsi, on 3rd August, 2025**



**PDG Rtn. P. Sivannarayana garu, Chief Guest & Installation Officer, speaking at Installation function of Rotary Club of Darsi, on 3rd August, 2025**



## మంచి మాటలు

"నిజం" నిప్పులాంటిదని అంటుంటారు.  
అది నిజమే అనిపిస్తుంది. ఎందుకంటే..??  
మనం నిజాలు మాట్లాడినప్పుడే  
చాలామందికి కాలుతుంది.!  
అబద్ధాలు చెప్పుతూ తిరిగినంత కాలం  
ఊరంతా చుట్టాలె... నిజాలు మాట్లాడటం  
మొదలుపెడితే సొంత వాళ్ళు కూడా  
శత్రువులే..!!

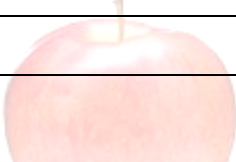
ఈ భూమి మీద మన..  
జీవితమే శాశ్వతం కానపుడు..  
జీవితంలో వచ్చే సమస్యలు మాత్రం.  
శాశ్వతం ఎలా అవుతాయి  
అందుకే ప్రతి నిమిషం నవ్వుతూ..  
సంతోషంగా గడిపేద్దాం..

చదువుకుంటే జ్ఞానం విలువ  
పని చేస్తే కష్టం విలువ  
ప్రేమతో వుంటే బంధం విలువ  
ఇవన్నీ ఆచరిస్తే..?  
జీవితం విలువ తెలుస్తుంది.

ఎవరు  
ఎంత అందమైన వేషం వేసిన  
కాలం  
వారి వారి నిజస్వరూపాలను  
గుణాలను  
ఎప్పుడో ఒకప్పుడు  
ఎదో విధంగా బయటపడేలా చేస్తుంది



## Celebration days of our Rotarians

SEPTEMBER	CELL NUMBER	WEDDING DAYS	BIRTHDAYS OF THE ROTARIANS & THIER FAMILY MEMBERS
1	9701857843		Lakshmi W/o. J. NarasimhaRao
2	9440201441		Mrs.VARALAXMI W/O. Dr.P.SUDHAKAR
8	9848133850	Y.A. Chowdari	
9	9441756162	Mahesh Inampati	
12	9000133866		U.Venkateswara Reddy
20	9866346229		CH.GANAPATHI
20	9848880668		A. V. RAMANA
20	9346389929	P.SRINIVASARAO	
21	9885142858		P.JAGANMOHAN REDDY
27	9848530315		PADMAJA W/O. M.B.V.SATYANARAYANA



**PDG Rtn. P. Sivannarayana & Past President Rtn. P. Srinivasa Rao at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)**





**Rtn. P. Srinivasa Rao, Rtn. P. Prem Kumar & PDG Rtn. P. Sivannarayana at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)**



**Rtn. P. Srinivasa Rao, & PDG Rtn. P. Sivannarayana at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)**





**RI PRESIDENT Francesco Arezzo from Italy @ LEAD 25 FELLOWSHIP EVENT at Chennai**



**PDG Rtn. P. Sivannarayana with a regular participant & Senior Rotarian at all Rotary Seminars in India, at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)**



## Free Ganesh Clay Idols & Sri Vinayaka Vrata Kalpam Books Distribution



**Rtn, Avantish Kumar Jain, Secretary of the Club has distributed 100 Ganesh Bhagawan Clay Idols & Sri Vinayaka Vrata Kalpam Books, to public, freely on 26th August, 2025, at 7/4, Arundelpet, Guntur**



## **APPLE**

All foods have positive and negative effects. Apple is no exception to this. On the one hand, eating apples can help control diabetes, strengthen the liver, and increase the health of teeth. But eating certain things right after eating an apple can do you more harm than good. In this post, you can know what are the things that should not be eaten after eating an apple.

### **Do not eat curd after eating apple**

Just as it is advised not to eat curd with milk, curd should not be eaten immediately or within 2 hours of eating an apple. Doing so can harm your health. This is because the effect of both apple and curd is considered to be cooling, which, when consumed together, can cause cold problems.

### **Sour products**

If you have eaten an apple, avoid sour foods afterwards. Consuming pickles or lemons in particular can cause you gas, acidity or constipation. So it is better not to consume sour foods for 2 hours after eating apple.

### **Do not drink water**

Although drinking water in general is considered healthy and harmless, it is better not to drink water at certain times. Avoid drinking water especially after consuming **citrus fruits or sweet fruits**. It affects your pH level and causes indigestion, constipation, stomach bacteria and gas.

And after consuming an apple or anything containing fructose, drinking water dilutes stomach acid and creates a favorable environment for yeast to survive, causing gas and bloating.

### **Radish**

Eating radish after eating apple can cause skin problems, it is believed to cause skin rash or allergy. However, this requires further evidence.



# *District Membership Seminar*



Rtn. Francesco Arezzo  
RI President 2025-26



Rtn. Dr. Raam Prasad  
District Governor 2025-26

## District Membership Seminar

# supadham

The Way to Progress

**14 SEPT, 2025**  
09:00AM - 4.30:00PM

**TCC CLUB**  
Telengana  
Contractors Club,  
Hyderabad

**RTN.DR.RAAM PRASAD**  
District Governor 2025-26

**PDG T. RAJASEKHAR REDDY**  
District Learning Facilitator 2025-26

**PDG RAMESH VANGALA**  
District Chair-Membership 2025-26



Scan to Register

Host Club  
**Rotary**  
Club of Bhagyanagar



Registration Fees  
**Rs.1500 Only**

[Click Here to Register](#)